

Adaptive Swim Program

at Bennett Field Pool

1260 Main Street, Worcester, MA 01603



FREE



**Accessible swim sessions on *Friday* mornings
from 9:00 - 10:45 a.m.**

Session 1: Ages 5-12 (9:00-9:45 a.m.)

Session 2: Ages 13+ and adults (10:00-10:45 a.m.)

July 10, 2026, through August 14, 2026

- Open to individuals with disabilities of all ages & their families
- Led by an aquatics instructor & lifeguard
- Participate in safety activities & water games
- Pool is fully accessible

Fridays

7/10

7/17

7/24

7/31

8/7

8/14

In Partnership With:



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to sign up or learn more.

