

at YWCA of Central Massachusetts

1 Salem Square, Worcester, MA



## FREE



Accessible swim sessions the first Saturday and last Sunday of each month from 2:00-4:00 p.m.

Session 1: Ages 5-12 (2:00-2:45 p.m.)

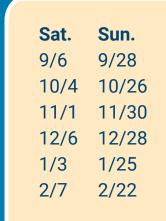
Session 2: Ages 13+ and adults (3:00-3:45 p.m.)

## September 6, 2025 through February 22, 2026

- Open to individuals with disabilities of all ages & their families
- Led by aquatics instructor & lifeguard
- Participate in safety activities & water games
- Pool is fully accessible

Contact Patrick Remy PRemy@eastersealsma.org 508.751.6417

to sign up or learn more.





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